

**Registration begins August 10; classes begin August 31 unless noted otherwise within class descriptions.
No class September 7, November 11, 26 or 27. To view a list of class location abbreviations, see page 2.**

These programs are designed for children and adults with intellectual disabilities. Individuals may register for programs at the Recreation Office, 3500 S. Rural Road. If you require special accommodations for these or additional City of Tempe programs, contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469; for TDD, call 480-350-5050.

L.E.A.P. After-School Program

L.E.A.P. is the Life Skills Enrichment After-School Program, an after-school program for middle school and high school students with developmental disabilities in the Tempe Elementary and Union High School Districts. The program follows the school year calendar and takes place Mondays through Fridays until 6 p.m.; transportation is provided to the program site from the student's school. Students will participate in a variety of engaging recreational activities that promote physical exercise, social skills development and other benefits; while supervised in a 1:4 staff-to-student environment.

We are an authorized DDD provider; contact your case manager for authorization. Please contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469 or Josh_Bell@tempe.gov, for more information regarding the program and how to register.

NO CODE 10-21 yrs M-F 8/3-12/18 2:30-6 p.m.

Health & Fitness

Zumba

Zumba is a high-energy, cardio workout incorporating unique moves with upbeat Latin and international music. Class is designed for all experience levels and helps you reach healthy goals by using easy-to-follow dance steps in a fun environment. Individuals must be independently mobile to participate. Those needing extra supervision must provide their own aide. Fee: \$18. 480-858-2469 46443 13 yrs+ T 9/15-11/10 4-4:45 p.m. PAC

Friday Night Social Activities

Bingo Night

Put your luck to the test by joining us for a night of Bingo! Each round will have at least 3 winners who get to choose from a variety of food, snack, and non-perishable items. Grand prizes usually consist of higher priced items or gift cards. Those requiring assistance must come with his/her own aide.

When: October 2
Time: 6:30-8 p.m.
Where: Pyle Adult Center, 655 E. Southern Avenue
Fee: \$3 at the door

Fabulous Friday Dances

Come out to our monthly, themed dances and boogie woogie on the dance floor! Dances are held for individuals with disabilities, ages 13 and older. Visit our website at www.tempe.gov/adaptedrecreation to find out the theme of the dance.

When: September 11, October 9, November 13, December 11
Time: 6:30-9 p.m.
Where: Edna Vihel Center, 3340 S. Rural Road
Fee: \$4; includes admission, drinks, snacks and entry into door prize drawing.

Karaoke and Game Night

Come and sing your favorite tunes, play some Nintendo Wii, Pool, Ping-Pong and other games! We have a selection of Karaoke music to choose from, or you can bring your own music on a CD or mp3 player. Those requiring assistance must come with his/her own aide.

When: December 4
Time: 6:30-9 p.m.
Where: Pyle Adult Center, 655 E. Southern Avenue
Fee: \$3 at the door

Movie Night

Join us as we show a recently released DVD movie. Visit our website to see what movie is scheduled to show. Paid admission includes choice of popcorn/ candy and soda/ water. Those requiring assistance must come with his/her own aide.

When: November 6
Time: 6:30-8:30 p.m.
Where: Pyle Adult Center, 655 E. Southern Avenue
Fee: \$2 at the door

Tempe Special Olympics

Team Tempe Special Olympics

Youth (8 yrs+) and adults with intellectual disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork while achieving their personal goals! Athletes of all skill levels are encouraged to participate. For more information and individuals who are completely new to a sport, please contact Josh Bell at 480-858-2469 or josh_bell@tempe.gov.

A Special Olympics Medical Release Form signed by a medical examiner (good for three years) is required for all athletes to participate, as well as a City of Tempe registration form. Visit www.tempe.gov/adaptedrecreation for registration information and to download medical consent forms.

Registering in advance is recommended. Registration on site is also accepted.

- Register online at www.tempe.gov/brochure (and use the registration code for the program).
- Mail registration to Attn: Josh Bell, Adapted Recreation, 3500 S. Rural Rd., Tempe, AZ 85282. Download form from www.tempe.gov/adaptedrecreation.
- Register in person at the Recreation Office, 3500 S. Rural Rd. (2nd floor of Library), Pyle Adult Recreation Center, 655 E. Southern Ave., or another City facility that processes registrations.

Adapted Recreation

Special Olympics Aquatics

Practices will focus on athletes learning the fundamental techniques of various swimming strokes. The first practice date will be at 5 p.m. After the first practice, practices will be split up into two one hour practices (5 p.m. and 6 p.m.) and athletes will be assigned to one of those practice hours. Please note that this is not a "learn to swim" program. Fee: \$10. 480-858-2469

43126 8 yrs+ F 8/7-10/9 5-7 p.m. KRC

Special Olympics Bowling

Come out and rack up those spares and strikes. Athletes will be placed on a team and bowl weekly in preparation for the area competition in November. Athletes new to bowling and in need of coaching assistance should notify Coordinator. There is a \$5 weekly fee at each practice for two games and shoes. Location: AMF Tempe Village Lanes, 4407 S. Rural Rd. Fee: \$10. 480-858-2469

43127 8 yrs+ Sa 8/29-11/7 1:30-3:30 p.m.

Special Olympics Golf

Athletes both new and experienced are welcome to come out and enjoy the game of golf. New athletes will start in Golf Skills and work on the fundamentals of golf starting with their swing at the driving range, as well as putting, chipping and other aspects of the game. Athletes who are ready to play the course will be sent out to practice their game on the course with other athletes and partners. Fee: \$10. 480-858-2469

43128 8 yrs+ T 8/25-11/3 5-6:30 p.m. RHGC

Buddy Bowling League

Buddy Bowling is a unified bowling program that teams up bowlers with and without disabilities in a fun and friendly league format. Teams will consist of Bowlers (individuals with a disability) and Buddy Bowlers (individuals without a disability) and will bowl two games weekly. Buddy Bowling is divided into two leagues: Junior Buddy Bowling for ages 5 to 12 and Buddy Bowling for ages 13 and older.

Due to the league nature of the program, it is highly recommended that interested individuals and teams register in advance in order to organize team assignments. Day of registration is accepted, but placement with preferred team at that point is not guaranteed. For more information and to download the registration form visit www.tempe.gov/adaptedrecreation. Location: AMF Tempe Village Lanes, 4407 S. Rural Road, Tempe. Fee: \$20 registration fee plus \$6 each week for two games, shoes and end-of-season league prizes. 480-858-2469

46445 13 yrs+ Sa 9/26-12/12 10 a.m.

46444 5-12 yrs Sa 9/26-12/12 10 a.m.



Volunteer Opportunities



Volunteer Office

3500 S. Rural Rd.

480-350-5190

www.tempe.gov/volunteer

A new season and new volunteer opportunities!

Get involved in your community, make new friends, learn new things, feel good about yourself, make a difference, and so much more by volunteering.

City government volunteers serve at the Tempe Public Library and Bookstore, as members of the award winning Crisis Response Team, as part of Experience Corps, on city boards and commissions, with special events and more.

For information, call (480) 350-5190 or visit online www.tempe.gov/volunteer

Volunteer Opportunities for Teens

School-year opportunities exist at the Tempe Public Library, with children's classes, and special events starting in September. Teens can help their community, build a record of volunteer service, gain work-like experience and more by volunteering. Applications are available starting August 1. For information check "Student Opportunities" on the website or call the Volunteer Office.

Service Groups Wanted!

Have fun, build team spirit and help the community! The City of Tempe is looking for school, corporate, and other service groups to help run its special events for the community. For a list of upcoming one-time projects, check out "Current Opportunities" and "One-time Activities" online.

Be a "Buddy" to a Disabled Athlete

Help a disabled athlete enjoy the sport of bowling. Volunteers are needed to serve as team captains and to assist bowlers in this mixed league for bowlers of all capabilities. Games are played Saturday mornings.

Youth Sports Coach

If you like sports and children put together, this might be just the 'thing' for you! Several opportunities are available and most last for a couple of months with a chance to continue if you'd like. You don't need to be a professional, just have a desire to teach youth and assist staff.

Computer

Perhaps you'd like to pass along your computer knowledge to computer-challenged adults. If so, please consider being a teacher's assistant to one of our many beginning computer classes.